

## Prohibited Substance: Glucocorticoids

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant International Standard for TUE criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. A completed application and checklist do NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

TUE Application form must include:		
	All sections completed legibly	
	All information submitted in [language(s) as per ADO preferences]	
	A signature from the applying physician	
	The Athlete's signature	
Me	edical report should include details of:	
	<ul> <li>Medical history:</li> <li>1. onset, timeline of development of symptoms</li> <li>2. trigger mechanism (e.g, allergen, observation) if known</li> <li>3. comment on respiratory compromise, collapse, skin/mucosal reaction, gastrointestinal symptoms</li> </ul>	
	Physical examination (may be from emergency department - blood pressure, respiratory rate, skin/mucosal reaction)	
	Treatment prescribed; time and date, dosage, frequency, administration route for each substance: a) Acute management (epinephrine/adrenaline and systemic glucocorticoids are prohibited in competition: nebulised beta-2-agonists are prohibited at all times; IV fluids are prohibited unless treatment is received in hospital) b) Maintenance/prevention: epinephrine autoinjector (prohibited in competition only)	
Dia	Diagnostic test/scale results should include copies of:	
	Ambulance or emergency department/hospital records - where available	
	Laboratory tests (e.g. tryptase levels) - not always performed and not mandatory	
	Photographic evidence of skin reaction if relevant and available	
	Skin prick test or other allergy testing	
Additional information included		
	[As per ADO specifications]	